



## High School Fall Retreat Packing List October 6th-8th!

### What to bring:

- A heavy duty sleeping bag (nights will be a low of 40 degrees)
- Blanket and pillow
- It will be cold. Winter coat, jeans, and things to wear under both of those. Long sleeves, etc. Layers are needed!!
- Tennis shoes/camping boots
- Personal toiletry items (no electricity for hair straighteners)
- Towel (showers available)
- Bible, journal, pen
- Disposable camera (optional)
- Athletic equipment (optional): Frisbee, football, basketball, etc.

\*There will be no wifi for cell phones. Students are still encouraged to bring phones so they can call parents when we are on our way back to the church. But they should turn it off for the weekend as there is no charging available for phones.

### What not to bring:

- Alcohol, cigarettes, drugs